



Blood Thinning Medications

Many drugs, herbs, vitamins and diet supplements may increase bleeding during surgery. Check the list below, which includes many drugs and supplements that can cause bleeding. This list does not include every drug. If you are not sure, contact your 1) your pharmacist or 2) the physician who prescribed the medication and ask if it contains aspirin or any blood thinning products. Ask also whether it is safe to continue taking each particular drug, vitamin, or herb. **Please tell your surgeon if you are taking any of these medications.**

Take the following actions if the physician who prescribed the medication tells you to. Ask your surgeon if you have any questions about what to do.

1. Stop taking all vitamins, herbs, and dietary supplements **14 days before** surgery. You may start taking them again 7 days after your surgery.
2. Stop taking all anti-platelet drugs, non-steroidal anti-inflammatory drugs, and aspirin **10 days before** surgery. Consult your surgeon for instructions on when to restart these medications.
3. If you are taking anti-coagulants (such as Coumadin), ask the prescribing physician when to stop these prior to surgery. Consult your surgeon for instructions on when to restart these medications.

Actron	Diclofenac	Magnaprin	Profen IB
Advil	Dipyridamole	Meclofenamate	Relafen
Aggrenox	Disalcid	Mefenamic Acid	Rivaroxaban
Aleve	Dristan	Meloxicam	Rufen
Alka-Seltzer	Easprin	Midol	Salsalate
Anacin	Ecotrin	Mobic	Saleto
Anaprox	Edexoban	Motrin	Savaysa
Ansaid	Eliquis	Naprelan	Sloprin
Apixaban	Empirin	Naprapac	Soma
Arthrotec	Etodolac	Naprosyn	Sulindac
Ascriptin	Excedrin	Naproxen	Ticlopidine
Aspergum	Feldene	Nuprin	Ticlid
Aspirin	Fenoprofen	Orudis	Tolectin
Bayer products	Fiorinal	Oruvail	Tolmetin
BC Powder	Fish Oil	Oxaprozin	Toradol
Bufferin	Ginko Biloba	Pepto Bismol	Trental
Buffex	Halfprin	Percodan	Ultraprin
Cataflam	Ibuprofen	Persantine	Vicoprofen
Celebrex	Indocin	Piroxicam	Vitamin E
Clinoril	Indomethacin	Plavix	Voltaren
Clopidogrel	Ketoprofen	Pletal	Warfarin
Coumadin	Ketorolac	Ponstel	Xarelto
Dabigatran	Liquprin	Pradaxa	Zipsor
Daypro	Lodine	Prevacid	Zorpin

